

THE MARRIAGE COURSE

How to build a healthy marriage or relationship that lasts a lifetime.

What is The Marriage Course?

The Marriage Course is very practical, giving any married couple the tools to build a strong and healthy marriage that lasts a lifetime.

Over eight evenings spent together couples talk between themselves about important issues that can get swept under the carpet in the rush of daily life.

Topics covered include:

- recognising each other's needs
- learning to communicate effectively
- resolving conflict
- healing past hurt
- knowing how to make each other feel loved
- relating to parents and in-laws
- good sex
- making time for each other
- having fun together

Privacy as a couple is always respected

There is no group discussion

There is no requirement to disclose anything about your relationship to anyone else

For more information or to register for

The Marriage Course

contact Pastor Lee & Vicki Martin

BlueCross Church, Guyra

(02) 6779 1988 or 0427 564 925

OR

a registration form can be returned to

PO Box 305

Guyra 2365

What's involved?

Each evening consists of a light dessert, DVD presentation as well as an opportunity to **privately** discuss the topic together as a couple.

The setting is welcoming, relaxed and non threatening

Who is it for?

The Marriage Course is for any married couple or couple who have live in a long term relationship and want to build a strong and lasting relationship;

- Those who want to enhance their marriage
- Those in the first five years of marriage
- Those at a challenging stage in their marriage eg the birth of a child, a career change, teenagers at home, the 'empty nest'
- Those struggling with issues in their marriage

The course, while based on Christian principles, is very helpful for any couple with or without a Christian faith or church background

The course provides tools to enrich your marriage and provides a date night for couples at the same

Course Time

Sundays 7:00 — 9:30pm beginning 24th JULY 2011
BlueCross Hall 66 Llangothlin St Guyra

Course Cost — \$120.00 per couple

Included is a manual for each person and a delicious dessert and coffee each week with a celebration dinner provided on the final night

